4 KORNERS FAMILY RESOURCE CENTER

Annual Report 2012-2013

The views expressed herein do not necessarily represent the official policies of the funders, sponsors or partners.

Thanks to your generosity, dear volunteers and donors, in 2012-2013, the Center reached over 370 children, 155 families, and 441 seniors. You donated over 3,100 hours of your time and over $300,000 of your funds.

THANK YOU THANK

Financial support for projects and programs provided by:

Agence de la santé et des services sociaux des Laurentides Québec

Health Canada Santé Canada

CHSSN Community Health And Social Services Network

L'APPUI pour les proches aidants Laurentides

McGill

Canada

Québec

Centre de santé et de services sociaux du Lac-des-Deux-Montagnes

Emploi Québec

AVENIR D'ENFANTS DES COMMUNAUTÉS ENGAGÉES

Québec EN FORME

fondation Mathieu-Lafond

Centraide Laurentides RASSEMBLER POUR AIDER • AIDER POUR RASSEMBLER

BOURSADIEU

PANDA

tops

Kiwanis International Saint-Eustache

VILLE DE DEUX-MONTAGNES

ZUMBA FITNESS with Leighann Dufault

AND DONATIONS BY GENEROUS PEOPLE LIKE YOU!

IN THIS YEAR'S ANNUAL REPORT

TABLE OF CONTENTS

GOVERNANCE 5

THE TEAM 6

FULL-TIME STAFF 6

PART-TIME STAFF 6

SPECIAL TASKS STAFF 6

A WORD FROM THE PRESIDENT AND THE EXECUTIVE DIRECTOR 7

MISSION 8

VALUES 8

OBJECTIVES 8

VOLUNTEERS 9

PROGRAMS AND SERVICES 10

INFORMATION, REFERRALS AND ACCOMPANIMENT 10

IN SAINTE-AGATHE-DES-MONTS 11

ACTIVITIES MADE POSSIBLE BY YOU IN DEUX-MONTAGNES 12

PROGRAM PARTICIPATION FROM APRIL 2012 TO MARCH 2013 13

PARTNERSHIP AND COLLABORATION 17

SPECIAL PROJECTS 19

FINANCES 23

REVENUES 23

EXPENSES 24

SPONSORS, SUPPORTERS, FUNDERS AND PARTNERS 2012-2013 25

"BOARD MEMBER, YOUR FIRST RESPONSIBILITY IS TO ENSURE THAT THE MISSION OF YOUR ORGANIZATION CONTINUES TO MEET THE NEEDS IN YOUR COMMUNITY" LLOYD VANDERKWAAK

The 4 Korners Family Resource Center has always been blessed with a dedicated, hard-working group of individuals devoted to governing the organization and ensuring the needs of the communities are met. In 2012-2013, it was no different. Each of the following individuals occupied a post on the board during the 2012-2013 fiscal year.

Ms. Colleen Baxter-Sullivan
MRC Deux-Montagnes

Dr. Elizabeth Saccà
MRC Deux-Montagnes

Mr. Peter Andreozzi,
MRC Deux-Montagnes

Ms. Linda Supinski
MRC Deux-Montagnes

Ms. Linda Draycott
MRC Deux-Montagnes

Ms. Gertrude Dore
MRC Deux-Montagnes

Mr. Timothy Foreman
MRC d'Argenteuil

Ms. Brigitte Desjardins
Laval

Ms. Michelle Booth
MRC des Laurentides

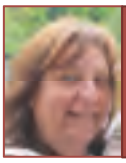
Ms. Sarah Leboeuf
MRC Deux-Montagnes

THE TEAM

The knowledgeable staff at 4 Korners Family Resource Center, whether in Deux-Montagnes or Sainte-Agathe-des-Monts, can always help you find the appropriate resource every time. Given the volatile nature of project funding, faces often change, but everyone is part of the team.

FULL-TIME STAFF

Rola Helou
Executive Director

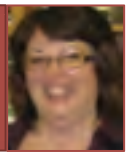


Sylvia Schatrowski
Resource Coordinator

PART-TIME STAFF

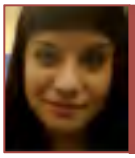
Harry Bleeker
Custodian

Lyne Girard
Accountant



Kim Nymark
Communications Director
MRC des Laurentides and MRC des Pays-d'en-Haut

SPECIAL TASKS STAFF

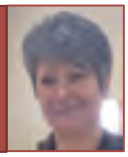


Amanda Fougere
Resource and Administrative Assistants
Josée Delaney

Cecile Bouchard
Daycare and caregivers project

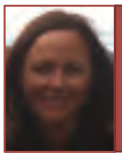
Edith Ury
CHEP and caregivers project
MRC d'Argenteuil

Lisa Agombar
Fun Friends and caregivers



Joanne Gagné
Caregivers project

Dayna Morrow
Caregivers project
MRC Thérèse-de-Blainville



Laura Young
Fun Friends
MRC des Laurentides

It is with pride that we present this year's annual report. In fact, you too may feel quite proud with all our collective accomplishments this year. Thanks to you, dedicated volunteers, devoted staff and generous funders, over 3,000 people's lives were touched by the work we did together. Please allow us to take this opportunity to thank you all, each and every one of the over 80 volunteers, almost 600 members, 10 board members, 12 staff members and many, many donors, funders and partners.

As the expansion into the Laurentians continues, the need for increased access to services in English becomes more apparent. As we expand and work with more partners, we are happy to witness an openness and willingness to work together to bring more information, resources and services to the English-speaking population in the Laurentians.

One particular point of pride is the opening of the 4 Korners satellite office in Sainte-Agathe-des-Monts. 4 Korners is now better equipped to serve the population of the upper Laurentians. This, of course would not have been possible without the collaboration and support of the English Communities Committee and the CSSS des Sommets.

It is one example of partnership and collaboration leading to innovative ways of meeting the needs of the English-speaking communities of the Laurentians. Many more examples are provided in the next few pages. None of the successes of the past year would have been possible without each and every one of you: devoted board members, dedicated volunteers, generous donors, supportive funders and hard working staff members.

Enjoy the fruits of your contributions!

Respectfully,

Peter Andreozzi, President

Rola Helou, Executive Director

MISSION

In the spirit of respect, support and empowerment the 4 Korners Family Resource Center is a non-profit community organization dedicated to assisting youth, adults, seniors and their families in the Laurentian region to access information, resources and services in English.

VALUES

We believe that it is important for people who share a common language to have an accessible, affordable and comfortable place to meet to build social support networks, exchange information and develop projects and programs for itself.

We believe in our right to receive health and social services in English.

We believe that each person contributes to his/her own health and well-being and to that of the community.

We believe that each voice is valuable within an organization, a system or a community and therefore a strong sense of belonging and responsibility should be encouraged.

We believe that there is strength in collaboration, partnerships and networks.

We believe that healthy families are the building blocks of a healthy community.

OBJECTIVES

To promote mental and physical health by delivering programs and services to individuals marginalized by factors such as isolation, language, and other risk factors.

To provide early stimulation programs for pre-school children.

To offer programs to prevent isolation, frailty and other conditions associated with aging.

Dear Volunteers,

Often, I have wondered, “Where would 4 Korners be without the walls you brought in? Where would 4 Korners be without the countless hours – that went uncounted – you gave freely and generously simply because you wanted to help? How many – or few – people would we be able to reach without your dedication?”

Thank you for donating over 3,100 hours of your time!

I am afraid to answer these questions because the answers would be, “Not very far. Not much. Not very many.”

There are not enough ways to say THANK YOU! Allow me, nonetheless, to try, on behalf of the board, the staff, the participants, the partners and the English-speakers in the Laurentians.

Thank you	Nia:wen	Obrigada	Dziękuję
Merci	Gracias	شكراً	Wliwni

YOU=awesome, ME=grateful
When it comes to making an impact, you rule!

You’re a spark plug for good.
Thanks for sparking something amazing!

So, it turns out, if you Google it, there are many, many ways to say thank you! Just know I am eternally grateful for all that you do! And, I am not the only one.

A million thanks…

Respectfully,

INFORMATION, REFERRALS AND ACCOMPANIMENT

Thanks to you, over 800 referrals were made

One of the many roles of 4 Korners is to provide referrals, accompaniment and specific information to our members. The *Resource Korner* contains a collection of English language pamphlets describing the various programs and services available in the region, and the collection is constantly growing. Recently, a *Resource Komputer* was added to the *Resource Korner* to allow people to access information online.

Knowledgeable staff members can find information and make referrals to appropriate services. Referrals are made to an in-house service or to one of the other resources available in English in the Laurentians. When necessary, individuals are accompanied in their search for resources and services.

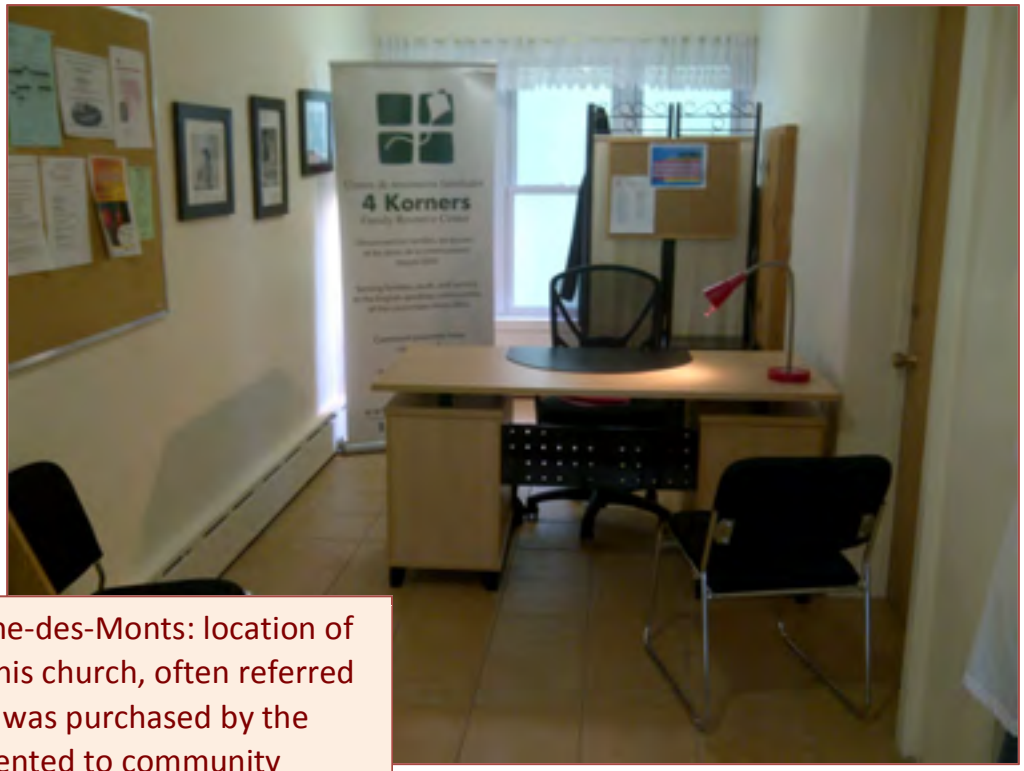
Did you know that over 3,000 people walked in the 4 Korners Head Office last year?

Resource Korner: contains English documentation.

Resource Komputer: for online information.

Thanks to the dedication of volunteers from the English Communities Committee, mainly ECC President Sheila Eskenazi, and the openness and willingness of the CSSS des Sommets to improve access to English services, the 4 Korners Family Resource Center's satellite office was opened at the end of August 2012.

Thanks to you, over 40 people were served in Ste-Agathe.



50, rue Corbeil, Sainte-Agathe-des-Monts: location of 4 Korners' satellite office. This church, often referred to as the old Fatima church, was purchased by the Fondation Medicale and is rented to community organizations.

An ad went into the Fondation Medicale's annual agenda. Our partners at the Fondation graciously offered the space free of charge!

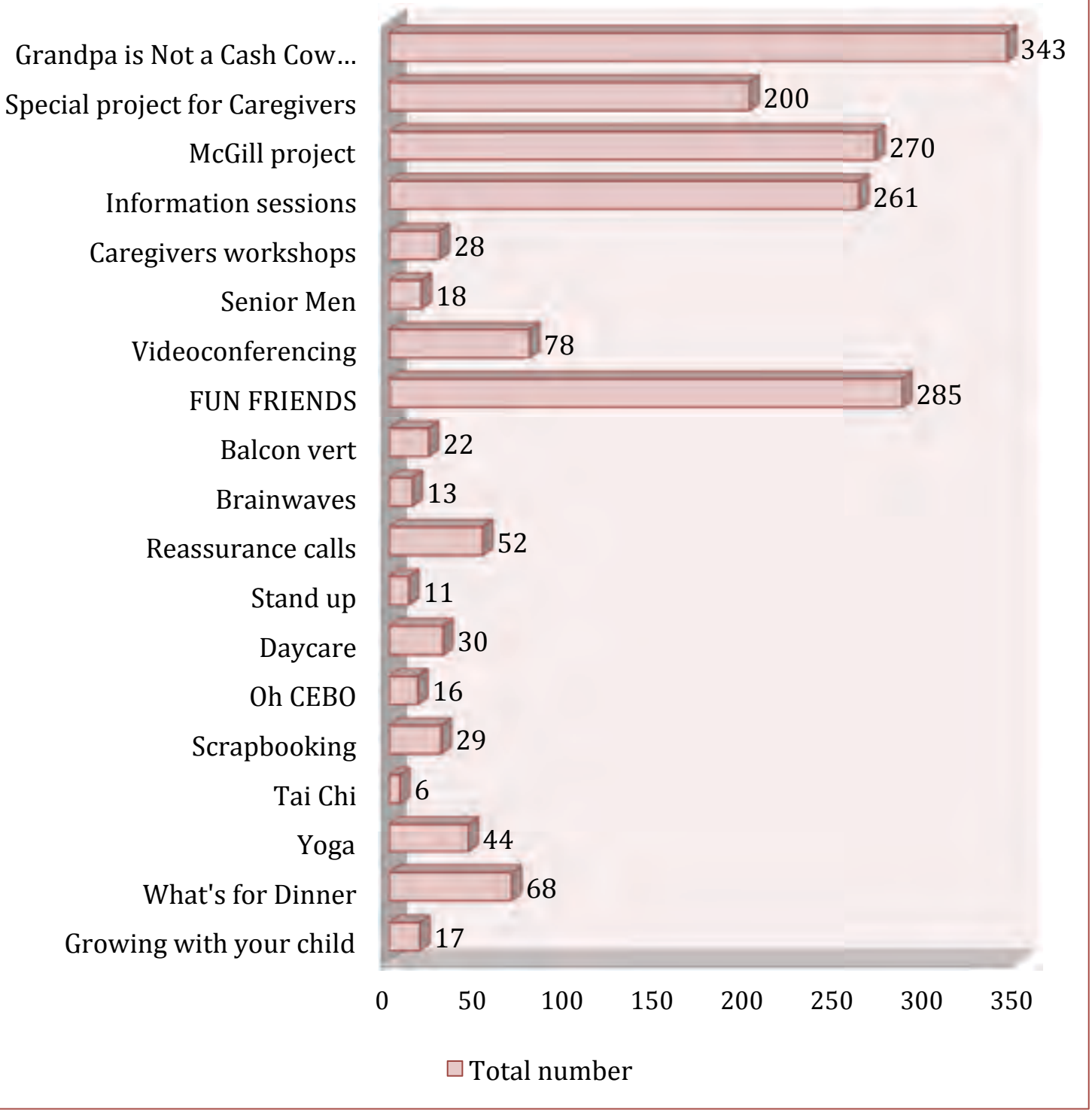
ACTUALITÉS COMMUNAUTAIRE

Plus de services pour les anglophones

Sainte-Agathe

An article appeared in the French *l'info du Nord* announcing more services for Anglophones in Sainte-Agathe.

Activity	Health Impact	Number of interventions	Dedicated Volunteer(s)
Yoga for the rest of us…	Reduced isolation among seniors, improved physical and mental health.	An average of 11 people 3 times per week for 52 weeks.	**Nel McChristie**
Tai Chi	Improved physical and mental health.	An average of 3 people once each week for 20 weeks.	**Christine Neumeyer**
Daycare	Respite for parents, stimulation and socialization for children.	An average of 10 children once a week for 27 weeks.	**Pia Sobhee** **Margaret Weston** **Raj Cockburn**
Reassurance Calls	Support for seniors living alone, prevention or early intervention, improved mental health.	An average of 227 calls per volunteer each year.	**Gertrude Dore** **Carol Distasio** **Geri Belanger** **Doreen Draycott** **Irene Hirschbach** **Linda Cook** **Carole Morrisson** **Carolyn Plesz**
Counseling	Improved mental health and psychosocial support.	An average of 6 hours twice per week for 32 weeks.	**Joanne Gagné**
Scrapbooking	Reduced isolation, improved memory, improved fine motor skills.	An average of 11 people 2 hours each week for 27 weeks.	**Carol Knight** **Linda Supinski**
Balcon Vert	Reduced isolation, increase of healthy choices, improved mental and physical health.	An average of 22 people benefit from the program over the summer (12 weeks).	**Rene Heibel** **Carol Distasio** **Jim Distasio** **Colleen Baxter-Sullivan** **Michael Sullivan**
Senior Men's Group	Reduced isolation, increase of healthy choices, improved mental and physical health.	An average of 6 men meet once each week for 32 weeks.	**Donald Maillet** **Doug Craig**
Brainwaves Tutoring	Improved school success. Long-term: improved health outcomes and reduced social isolation.	An average of 5 students for two hours each week for 27 weeks.	**Heather Tremblay** **Laurie King** **Naomi Bellos**
Computers for Seniors	Improved access to resources, reduced isolation.	An average of 8 seniors met weekly for 20 weeks.	**Stella Cox** **Karl Valois** **Matthew Knechtel**



You helped us reach over 1700 community members!

Health Canada Santé Canada CHSSN Community Health And Social Services Network

Provided financial support for the:

Laurentian English Services Advisory Network

A.K.A.

LESAN

This networking project aims to improve access to English health and social services through the creation of a network across the Laurentians. In addition, participation at various roundtables throughout the region is made possible through this project. Each of the LESAN committees includes a representative from the local health and social services center (CSSS) as well as volunteers, school representatives and members from community organizations. The diagram below illustrates each of the LESAN committees and the roundtables in each of the territories. These roundtables address specific issues or age groups. The LESAN ensures someone is around the table to ask, "Is that available in English?"

Provided support for:

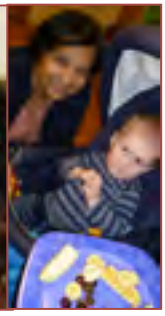
What's for Dinner supported healthy choices for parents and children. This program was so popular that in 2013, two groups were offered in English, at 4 Korners, and one in French, at Centre d'entraide Racine-Lavoie.

New this year:

- Québec en Forme supported the implementation of special parent-child activities.
- Le Club Kiwanis supported special outings for all three groups.

Growing with your child provided activities for parents and their children that supported bilingualism and overall child development.

SCHOOL SUCCESS AND HEALTHY CHOICES



Supported:

The Support and Information for Caregivers Project provided workshops, resources and support sessions for caregivers in the MRCs of Deux-Montagnes, Argenteuil and Therese-de-Blainville.

Le Temps d'une Pause **Project** increased self-identification among caregivers and providing them with information regarding the resources available to them in the Deux-Montagnes area.

4 Korners offering caregiver workshops in Rosemère

The caregivers have greatly appreciated the support provided to them. The bouquet of fruit above was one token of appreciation from a caregiver who was able to obtain support and respite. Over 200 evaluation forms were received and the results have been overwhelmingly positive.

"IF YOU WANT TO GO FAST, GO ALONE. IF YOU WANT TO GO FAR, GO WITH OTHERS." AFRICAN PROVERB

Improving access to health and social services is a concern we share with many partners in the region.

Partner (s)	Program	Outcome	Territory
	Stand Up	11 seniors acquired skills to prevent falls	MRC Deux-Montagnes
Cécile Bouchard	Oh CEBO!	16 people broke isolation while improving fine motor skills	MRC Deux-Montagnes
	Cancer support group	2 individuals received support	Kanesatake
	Videoconference	78 individuals received information about various health issues	MRC d'Argenteuil
	Play group	5 families broke isolation while acquiring tools to prevent anxiety	MRC des Laurentides
	Parenting 101	6 parents acquired tools to support them in their role of parent	MRC des Laurentides
LESAN Argenteuil	Grandpa is Not a Cash Cow and Grandma Won't Take Any Bull	Over 340 people were sensitized to the issue of elder abuse	MRC d'Argenteuil
	Bullying: A Workshop of Parents	13 parents obtained tools to deal with bullying	MRC Deux-Montagnes
LESAN Pays-d'en-Haut	Information on Services	Over 40 people obtained information about services available and how to access them	MRC des Pays-d'en'Haut

Partner (s)	Program	Outcome	Territory
	Getting to Know Our Communities	Over 30 people learned about health and social services available in English	MRC Deux-Montagnes
	Transition to High School, Sexuality and Your Teen, Talking to Your Teen About Drugs	A total of 24 families obtained information and tools to communicate with their teenagers	MRC Deux-Montagnes
	Honky Tonk Fundraiser	Over 40 people attended and $2,000 was raised	MRC Deux-Montagnes
Eddy Ewenson Golf Invitation	Golf Fundraiser	Over 120 people attended and $10,000 was raised	MRC Deux-Montagnes
	Cancer support group	2 people attended the monthly support group	Kanesatake
	Youth Artistic Expression	Over 50 young people used art as a means of expression	Deux-Montagnes & Kanesatake

Deux-Montagnes LESAN's Getting to Know Our Communities Event

LESAN Pays-d'en-Haut's Information session with the CSSS des Pays-d'en-Haut; the crowd broke out in applause upon hearing it was the first time an event of this nature was provided in English.

Health Canada Santé Canada McGill

Provided financial support for:

The Increasing Bilingual Health Professionals in the Laurentians Project established a comprehensive information structure for bilingual health and social services professional interns to access Laurentian regional health care organizations. In addition, 4 Korners hopes to attract bilingual students to the professional and social benefits of working in the Laurentian region.

This year:

- 20 high school students participated in an observation internship at the Saint-Eustache Hospital;
- Over 250 students in High Schools and CEGEPs received information about possible internships in the Laurentians.

BILINGUAL HEALTH PROFESSIONALS = MORE ENGLISH SERVICES

Career fair at Rosemere High School:
The guidance counsellor, who had been helping students for over 30 years, had never heard of an observation internship. The French high schools have been organizing them for years.

Health Canada Santé Canada CHSSN Community Health And Social Services Network

Provided financial support for:

The Fun Friends Anxiety Prevention Program provided children with tools to cope with feelings of fear, worry, and depression by building resilience and self-esteem and teaching cognitive, behavioral, and emotional skills in a simple, well-structured format.

Our partners on the project were:

COMMISSION SCOLAIRE SIR-WILFRID-LAURIER
SIR WILFRID LAURIER SCHOOL BOARD

This year:

- 20 professionals were trained to implement the program;
- 8 schools participated;
- 2 CSSS participated;
- 285 students were provided with tools to build resilience.

HEALTHY MENTAL HEALTH CHOICES

Teachers, social workers and behaviour technicians took a day out of their busy schedules to help us improve the mental health of children in the Laurentians.

Provided financial support for:

The Family Resources English-Language Guide for the Pays-d'en-Haut Project developed by the LESAN Pays-d'en-Haut to inform the English-speaking community about municipal, health, educational, and social services available in the MRC Pays-d'en-Haut.

English Language Services Directory Laurentian Region 2013 listed community organizations, members of the *Regroupement des organismes communautaires des Laurentides* able to provide services in English.

The resource guides were created to inform the English-speaking community of services available to them and how to access them. Both guides used an A-B-C rating system to determine the level of English services available.

INCREASING KNOWLEDGE ABOUT SERVICES THROUGHOUT THE REGION

1,000 copies were made and distributed by the LESAN committee of the MRC des Pays-d'en-Haut.

2,000 copies were made and distributed by the LESAN committees in the MRC Deux-Montagnes, des Laurentides, Argenteuil and Therese-de-Blainville

Canada

Through the New Horizons for Seniors Project provided funding for:

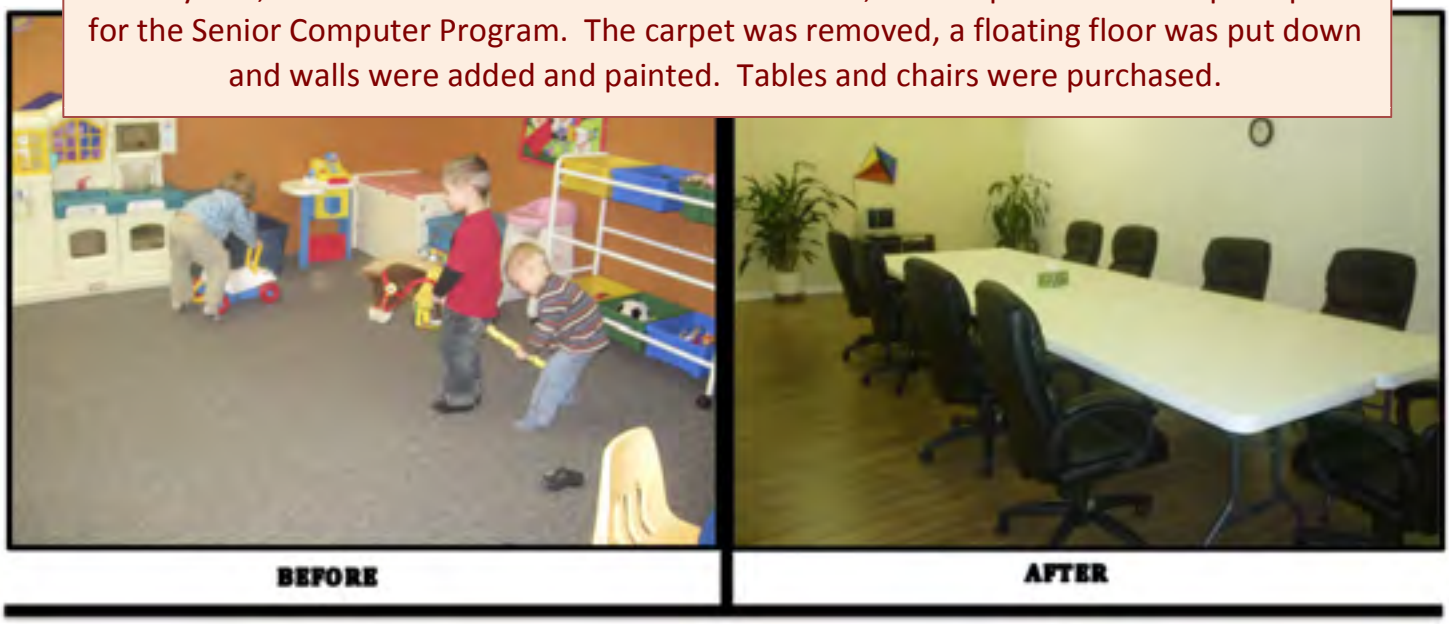
The Basement Renovation Project increased the space available at 4 Korners to offer more programs for seniors. Specifically, a computer course for seniors began after the renovation was complete and new laptops had been purchased.

INCREASING ACCESS TO TECHNOLOGY FOR SENIORS

The basement was transformed into a bright daycare space to free the main floor for more activities for seniors.

BEFORE AFTER

The daycare, which was on the main floor of the center, did not provide an adequate place for the Senior Computer Program. The carpet was removed, a floating floor was put down and walls were added and painted. Tables and chairs were purchased.



BEFORE AFTER

REVENUES

		2013	2012
a)	**Federal grants**		
	CHSSN	$ 106,671	$ 103,360
	McGill	25,000	50,000
	Service Canada (New Horizion for seniors)	23,500	-
		155,171	153,360
b)	**Provincial grants**		
	L'Appui des Laurentides	34,243	9,075
	Agence de Santé et de Services Sociaux Laurentides	43,278	55,646
	Société de développement de Saint-Eustache	12,338	6,714
	Emploi Québec	19,573	9,458
		109,432	80,893
c)	**Municipal grants**		
	Ville de Deux-Montagnes	6,834	2,040
d)	**Foundations**		
	Young Canada Works	-	2,989
	Mathieu Lafond	4,500	
	Centraide Laurentides	8,000	5,700
		12,500	8,689
e)	**Fundraising**		
	Golf tournament	8,875	
	Ball	-	5,615
		8,875	5,615
f)	**Other**		
	Membership dues	1,995	1,530
	Programs	8,418	7,817
	Donations	6,163	8,080
	Miscellaneous	708	592
		17,284	18,019
		$ 310,096	$ 268,616

	2013	2012
Revenues (Note 7)	$ 310,096	$ 268,616
Expenditures		
Salaries and related benefits	132,488	120,855
Program expenses	47,291	26,866
Program subcontractor fees	20,304	8,446
Office and general	12,007	20,719
Rent	11,566	10,551
Professional fees	8,080	22,840
Telecommunications	2,855	2,321
Utilities	8,516	7,722
Travel	7,659	4,276
Property taxes	2,660	2,750
Amortization	4,527	2,877
	257,953	230,223
Excess (deficiency) of revenues over expenditures for the year	52,143	38,393
Balance, beginning of year	5,005	(33,388)
Balance, end of year	$ 57,148	$ 5,005

MANY, MANY THANKS!!
All of our valued volunteers and members!

4349636 Canada Inc

9150-2401 Québec Inc

AGAPE Laval

Agence de la santé et des services sociaux des Laurentides

Aronhiatekha/Rotiwennakehte School

Arundel Elementary School

Avenir d'enfants

Basha Restaurant – Sainte-Marthe-sur-le-Lac

Bernard Lussier - Jean-Coutu

Boursadieu

Caisse Desjardins de Saint-Eustache-Deux-Montagnes

Canadian National Railway Company

Carol and Gordon Wetmore

CENTRAIDE Laurentides

Centre de réadaptation en dépendances des Laurentides

CESAME

City of Morin Heights

Community Connections

Community Health and Social Services Network

Community Learning Center Lachute

CSSS d'Argenteuil

CSSS des Pays-d'en-Haut

CSSS des Sommets

CSSS du Lac-des-Deux-Montagnes

CSSS Thérese-de-Blainville

Health Center Partnership Committee

Ici par les arts

James S. Bright

Jean-Jacques Bouchard/Gertrude St-Jean

Joron Automobile Ltée

Kanehsatake Human Resources Office

Kanesatake Health Center

Kiwanis

L'appui des proches aidants Laurentides

L'Éveil

La Farandole

Lachute Community Learning Centre

Lake of Two Mountains High School

Laurentian Club

Laurentian Elementary School

Laurentian Regional High School

Laurin Liu, MP

Le Carrefour Péri-naissance

Leighann Dufault - Zumba

LESAN Argenteuil

LESAN Pays-d'en-Haut

LIA Construction

Lions Deux-Montagnes

Main Street Newspaper

Maison des jeunes Deux-Montagnes

Maison de la Famille du Nord

Masonic Foundation of Québec

Maurice Tremblay

Dépannage St-Agapit

Design Dixieme Manche REGD, c/o Steven Menard

Deux-Montagnes LESAN

Dr. Pascal

Dre Suzanne Gagnon H.

Eddy Ewenson Golf Invitational

Emploi Québec

English Communities Committee

English Language Arts Network

Entre Nous et l'Oeuf

Fondation Mathieu Lafond

Fonds d'emprunt des Laurentides

Garage Nat

Groupe Lefebvre MRP Inc.

McCaig Elementary School

McGill University

Meals on Wheels Rosemere

Mohawk Gaz Bar Depanneur

Morin Heights Elementary School

Mountainview Elementary School

PAIX

Roland Richer, MNA

Sainte-Agathe Academy

Sir Wilfrid Laurier School Board

Ville de Deux-Montagnes

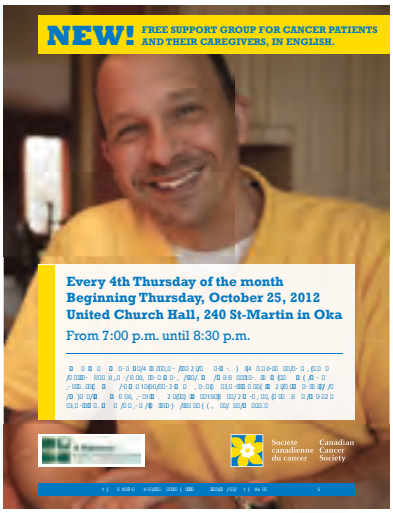
Ville de Rosemere

Women's Time Out

Zip Communication

SOS Exhausted:
Workshop for Caregivers
6-WEEK WORKSHOP
November 2012
Call now to register

Getting to Know our Communities
Activities for Parent & Child
Accessing Health & Social Services in English
Support for Caregivers
Activities for Seniors


NEW! FREE SUPPORT GROUP FOR CANCER PATIENTS AND THEIR CAREGIVERS, IN ENGLISH.
Every 4th Thursday of the month
Beginning Thursday, October 25, 2012
United Church Hall, 240 St-Martin in Oka
From 7:00 p.m. until 8:30 p.m.
Société canadienne du cancer
Canadian Cancer Society

4 Korners
Family Resource Center
BASHA

Parole aux aînés d'Argenteuil
and 4 Korners Family Resource Center
present
Grandpa Is Not a Cash Cow
& Grandma Won't Take Any Bull
April 4 & 7, 2:00 pm
April 6, 7:30 pm
At the Théâtre des Petits Bonheurs

A special invitation to all caregivers
Conference with Dr Robert Bolliveau Helping without Compromise
Different services offered by organizations in your area
Information kiosks
Veteran's Hall at 141 Grand Moulin, Deux-Montagnes
Date : February 21, 2013
Cost : FREE!
Looking forward to seeing you there!

ADOLESCENT SEXUALITY
GET REAL!
TOO MUCH TOO SOON?
Tuesday
November 20
at 7:00 p.m.
4 Korners
1906 Oka Road
Deux-Montagnes
INFORMATION SESSION FOR PARENTS
PORTAGE

When it's time to talk:
Discussing drugs with your teenager
April 11th
7:00PM
at
4 Korners
(1906 Ch.Oka,
Deux-Montagnes)
DRUG SCHOOL
PORTAGE
4 Korners

4 Korners
Family Resource Center
INFORMATION SESSION
Is your child moving up to high sc
Hoping for a smooth transition?
All parents and children are invited to an evening of valuable information on preparing for high school and what to expect!
Wednesday August 22nd 2012
From 7 to 9 pm
At 4 Korners
in collaboration with the
CSSS du Lac-des-Deux-Montagnes

La Calèche 6-12
An Information Session for Parents
Thursday March 21, 2013
7:00 p.m.
Bullying: A Workshop for Parents

Back by popular demand:
BRIGITTE LEGAU
April 4, 2013*
LAUGHTER
1:00 p.m. until 5:30 p.m.
141 Grand Moulin, Deux-Montagnes
450-974-5940 for more info

The Pays-d'en-Haut
English Committee
Centre de santé et de services sociaux (CSSS) des Pays-d'en-Haut
Information Session
Health and Social Services in English
St-Eugène's Church

Sandwich Generation:
Individuals who are caring for both their aging parents and their young children
6 Sessions
Starting On
Monday February 20,
2012
10:30 AM to 11:30 AM

4 Korners
Family Resource Center
A Cornerstone of the Community

HEAD OFFICE
1906 Chemin d'Oka
Deux-Montagnes,
Quebec J7R 1N4
Tel. : (450) 974-3940
Fax : (450) 974-0147

SATELLITE OFFICE
50 rue Corbeil
Ste-Agathe-des-Monts,
Quebec J8C 1X2
Tel. : 1 (888) 974-3940
Fax : (450) 974-0147

General information
Email: info@4kornerscenter.org
On facebook: 4Korners Center